

Contract for Personal Fitness Services From The Endorphasm Foundation

Our goal at The Endorphasm Foundation is to provide a client personalized fitness training including cardiovascular conditioning, weight training, flexibility, and range of motion, as well as postural deficiencies and corrections.

The Endorphasm Foundation is dedicated to the overall success of each client's personal health and fitness program.

1. Payment – payment for personal training services are covered fully by The Endorphasm Foundation and our donor support.
2. Sessions – each session will be 50 minutes in length. Client agrees to be on time for each session. The session starts and ends when scheduled. If the client is late, the session will end as scheduled despite his/her lateness. Once a session is scheduled between the client and The Endorphasm Foundation it is the client's responsibility to either attend the scheduled session or provide The Endorphasm Foundation with at least twenty-four hours notice of cancellation.
3. Physician's Approval – client must fill out and submit the health history questionnaire form and medical clearance form along with this liability release and made part of the agreement together with any documents, reports, or other information provided by client's physician or doctor. The Endorphasm Foundation has the right to refuse any session to a client at any time based upon his/her physical condition.
4. Waiver – the client is aware that The Endorphasm Foundation sessions include strength, flexibility, and aerobic exercise, which may be potentially hazardous activities. The client also acknowledges that these activities involve a risk of injury and death. Accordingly, the client voluntarily consents to participate in The Endorphasm Foundation sessions, and assumes the acknowledged risks involved. The client hereby waives, release, and forever discharges The Endorphasm Foundation, its officers, agents, employees, representatives, and executors, from any and all responsibilities or liability from injuries or damages resulting from participation in a class. Client also agrees that The Endorphasm Foundation, its officers, agents, employees, representatives, and executors shall not be liable for any claim, demand, cause, or action of any kind whatsoever for, or on the account of death, personal injury, property loss, or damage resulting from participation in any session.

Client Signature

Date